Your turmeric is hand planted and harvested, human tended and grown with positive thoughts of healing, good health and thanks. We hope you feel the intention!

## Daily Dose of Turmeric We Offer Consistency

Limited Availability: Only 100 Subscriptions offered. Mailed directly to you monthly. Shipping Included in price. (*Stress Free!*)

## We have Integrity

All of our products are grown naturally or certified organic. They are grown, harvested and processed free of chemicals and synthetic fertilizers here in Hawaii! This is done for everyone's health.

#### We are Honest

Turmeric is not a magic cure-all and needs to be incorporated into your body daily, over time<sup>†</sup>. That is why we offer it through subscriptions, year around!

† Most people start to see/feel results after taking turmeric between 30 – 90 days continuously.



# **About Our Company**

Hawaii's Simple Gourmet is the bridge between natural farmers and the conscious consumer. Natural farmers grow what they grow with a passion and demand quality over quantity. Most of the highest quality food producers eat what they grow and are not business people. The conscious consumer seeks high quality foods, grown local, chemical free and with pride. We are here to connect the two together. Hawaii's Simple Gourmet now offers these farmers' superior delicacies, so you too can enjoy them as much as the farmers themselves!



We are based on the Big Island of Hawai'i!



Come Visit Us! With а paid subscription of your Dailv Dose of *Turmeric* product you receive а coupon good for a farm free tour. (\$25 value)



<u>A Natural Solution!</u> Arthritis Diabetes Heart Disease Depression Digestive Disorders Cancer Dementia Upset Stomach Obesity Lung & Liver Disorders High Blood Pressure



808 214 2255

Find your Daily Dose of Turmeric product that best fits your taste and supports your lifestyle!

#### **Our Turmeric Products**

#### <u>Extract</u>



Made from an all-organic, gluten-free local alcohol. Use 10 drops daily as your daily dose or utilize in combination with another product as a natural anti-inflammatory. \$ 20 per

\$15 with subscription\*

#### <u>Powder</u>



Take 1 teaspoon daily. Utilize as mouthwash or add to a meal or a beverage you drink daily! \$ 40 per

\$30 with subscription\*

## **Daily Packets**



Take 1 Packet a day! Premeasured dose makes it easy to take and easy to add the perfect amount!

\$ 50 per \$35 with subscription\*

#### <u>60 Capsules</u>



Take two capsules a day whenever is convenient for you, morning or evening! \$ 60 per \$50 with subscription\*

# Daily Dose of Turmeric

What Makes Hawaii's Simple Gourmet

## Different: We grow your turmeric for health.

*Every plant...* When placed in the ground, mulched and hand harvested is constantly around positive thoughts and the intention of healing, good health and thanks.



# Why a Subscription?

\* Your annual subscription helps us to grow accordingly and therefor responsibly. By subscribing, you are ensured that you will receive a consistent supply all year long!

If using for medicine, always consult your physician first. These statements have not been approved by the FDA.

# How do you take your **Daily Dose of Turmeric?**

Common Uses Include:

#### <u>Mouthwash</u>

Add powder to 1 ounce of water in a small glass and mix. Swish around mouth, gums, and teeth for at least 20 seconds. Swallow the rest. Best to use before going to bed.

#### Add Powder or Extract

To something that you already eat or drink daily, like tea, juice, smoothies, eggs, rice, stir-fry, curry or water.

#### Use as a Spice

Add a little turmeric when making breakfast, lunch or dinner.



If you do not need this pamphlet please pass it on to someone who may!